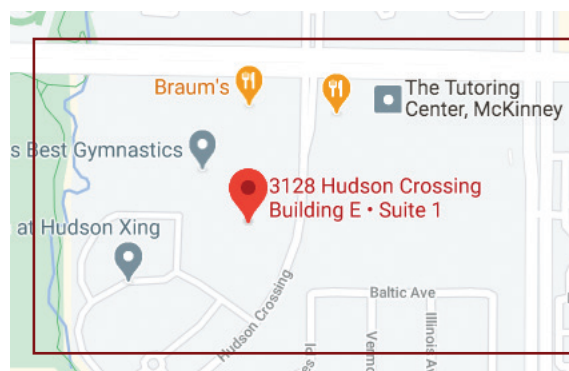


Accepting New Clients – Call Today



3128 Hudson Crossing
Building E • Suite 1
McKinney, TX 75072
469.252.7090



MISSION

Our practice is founded on the principle that each person is a child of God and is deserving of compassionate care.

We understand that all individuals need help facing struggles at times, and our goal is for this process to be as easy as possible for our clients.

Each of our providers have been handselected to create a comprehensive center for healing.



INSURANCE

Most insurance companies do pay for counseling. Our providers participate with several insurance carriers.

When you call to set up your first appointment, our insurance specialists will verify your benefits and eligibility. You may also contact your human resource department to see if they offer free counseling sessions as part of their employee assistance program.

CONFIDENTIALITY

Information shared by you in counseling sessions is confidential and is protected to the full extent of the law.

Information will not be disclosed to anyone outside the Counseling Center without your written permission except when, in the judgment of your counselor, such disclosure is necessary to protect you or someone else from imminent danger or when otherwise required by law.

SCHEDULING

To schedule an appointment, call 469.252.7090 or schedule online www.sbicounseling.com

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SERVICES

INDIVIDUAL COUNSELING

We offer a full spectrum of counseling services targeted to meet the needs of individuals regardless of age. In addition to traditional counseling, we have providers who offer music and play therapy for younger audiences.

COUPLES COUNSELING

Our counselors are trained to help couples work through any conflict or life challenge. No matter how strong or weak the relationship may be, fine tuning can always strengthen your relationship.

FAMILY THERAPY

Family counseling can bring different members of the family together in a safe and nonthreatening environment by learning different communication skills to problem solve and work through family conflict.

PREMARITAL COUNSELING

Discussing difficult topics such as children, finances, sex, or religion can be sensitive topics, but are important for the success of a marriage. Our team is trained and experienced to walk you through these conversations.

Please call to find a therapist with the expertise in the area of counseling needed.

OUR THERAPISTS AREAS OF EXPERTISE

- Abuse (Physical, etc.)
- Addictions
- Affective Mood Disorders
- Anxiety & Panic Disorders
- Anger Management
- Attention Deficit Disorder-ADHD
- Behavior Modification
- Bipolar Disorder | Manic Depressive Disorder
- Bisexual Issues
- Certified Pastoral Counseling
- Chemical Dependency
- Christian Life Coaching for Women
- Cognitive Behavioral Therapy
- Compulsive Gambling
- Divorce | Blended Family Issues
- Depression
- Domestic Violence
- Eating Disorders
- End of Life Issues
- Grief Therapy
- Men's Issues
- Obsessive Compulsive Disorder
- Professional Interventions
- Phobias
- Post-partum Depression
- Post-Traumatic Stress Disorder-PTSD
- Personality Disorders
- Sexual Disorder
- Substance Abuse
- Transgender | Gay | Lesbian Bi-sexual issues
- Trauma Therapy
- Traumatic Brain Injury